

# VA Area District Representative Report

**Date of Meeting:** Spring 2019 Assembly

**District Name and Number:** Arlington District 003

**DR Name and email:** Mahender Dudani, [dudani@hotmail.com](mailto:dudani@hotmail.com)

**Report Submitted by ADR:** Melissa Kalner, [mkalner77@gmail.com](mailto:mkalner77@gmail.com)

## Updates Since Last Meeting

- Arlington District currently has seven healthy meetings, including one that is Spanish speaking. Six of our seven groups are represented at this Spring Assembly, our highest attendance rate ever.
- Each meeting has a GR, four have AGRs, and most if not all have Treasurers. Several others have filled additional service positions such as Literature Chair and Secretary.
- There is a possibility that an eighth meeting will be added this year, focusing on Step Four and the Blueprint for Progress.
- The district has voted to hold four in-person meetings per year, more if necessary, and all top district officer positions are now filled.
- We have a free conference call line set up for use by our out-of-area Treasurer and for other purposes. For instance, we plan to hold a district meeting during Spring Assembly, with our Secretary and Treasurer calling in remotely.
- Arlington District continues to assist the Virginia Hospital Center Intensive Outpatient Program (IOP) once a month. An AI-Anon member conducts an orientation to our program and encourages participants (families of the outpatients) to find and attend AI-Anon meetings. Newcomer packets and other Conference Approved Literature are available at these sessions.

## District Focus

- As a small district, it is a challenge for us to consider hosting workshops, handling Assembly registration, etc. Our primary goal is to be there to support and guide our groups, not over-communicate or overburden them with administrative issues, and look for outreach and expansion opportunities.

Respectfully submitted,

Melissa Kalner, ADR